

CREATURE CARE SHEET

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Running Frog *Kassina spp*

Natural habitat

Running frogs hail from Africa and reach around 6-8cm in body length.

They are semi-arboreal which means that they like to spend some of their time climbing and so suitable décor should be supplied to allow them to do this. They are primarily nocturnal in habit. They have a robust disposition but their shyness during daylight hours means that they should be considered by people with a little experience in keeping frogs, toads or other amphibians.

Terrarium

Due to the activity of these frogs the terrarium should be larger than one might expect: A terrarium of 60x30x40 should cope very well for a couple or 3 individuals in the long term. High plants should be provided (natural or artificial), because these frogs enjoy climbing. It is also important to provide hiding-places (caves, thickets of plants, roots, bark because these animals need to hide during the day.

A small water bowl is useful to maintain the humidity, and the frogs will bathe there from time to time. These are messy frogs and so the water bowl should be cleaned and refilled regularly. The terrarium must have a fitted mesh on the lid, if not it will saturate with moisture, and the air will not be able to circulate. Hot, moist air can lead to infections. 90% humidity is about right.

NOTE! *Kassina spp* are superbly adept escapologists- don't presume they cannot escape without checking everywhere first.

Lighting

A light is unnecessary as these are nocturnal animals. A night light / LED moonlight may assist in the observation of these animals.

Temperature

Maintaining a constant temperature of 24-25C is ok for this species although some populations may experience nightly drops in temperature (to around 21C) that can be simulated if you wish.

Food

Variety is very important with any animal's diet and these frogs will accept practically any insect or similar that will fit inside their mouths. Gut loaded crickets, locusts, fruit flies and various grubs will be accepted readily but none should be fed exclusively.

Care Sheets are meant as a Guide to husbandry only. You should always undertake further research about how to care for this animal properly.